

Volunteer a Cuddle

**Cuddles Foundation Volunteer
Manual**



Background

Every Year 50,000 new cases of childhood cancer are reported in the country

Cure rates are as low as 20% compared to 80% in developed countries

Large part of it can be attributed to lack of resources, focus and Malnutrition

In the absence of nutrition a child is not able to withstand the onslaught of chemotherapy and hence has to either pause or abandon treatment...

Often with fatal results.



Background

Cuddles is the only in India that focusses on providing nutrition to over 250 cancer afflicted children every month.

Cuddles won the BEST NGO Award by the CanIndia Conclave in December 2013.



This document highlights the aspects in which Cuddles Foundation needs help from volunteers to achieve its mission.



Option 1: Engage with the Children.

When the kids are at the hospital, they often have to wait for long hours for their appointments, tests etc. This is the perfect time to engage them with a fun activity like singing, art, story telling, etc.

Here is schedule for all you do gooders who wish to spread some love and joy.

Time Required	Days	Time	Location	Activities
1 hour	Every Tuesday (30 - 40 kids)	11.30 AM	Wadia Hospital Parel	Art/storytelling/ games etc
1 hour	Every Friday (30 - 40 kids)	11.30 AM	Wadia Hospital Parel	
1 hour	One Wednesday a month (50 to 60 kids)	2. 00 PM	Tata Hospital Parel	



Option 1: Engage with the Children.

Volunteer requirements:

- Ability to communicate in Hindi is must and Marathi will be an added bonus.
- Ability to commit atleast 2 hours in a month.



Option 2: Mobilize Aid

Help us Raise Nutritional Supplements.

We send nutritional Supplements like Pediasure, Peptamen, Threptin to hospitals on a monthly basis.

Raise aid for our children via your network of friends and family.



Option 3: Local Fundraising

Help cuddles raise funds via small get togethers/events at your local level.

Eg: Bake sale for your friends.



Option 4: Connections and Spreading Awareness

Not many of us are aware of why nutrition is so important to a child who is suffering from cancer.

Help us spread the word about our cause.

- 1. Like us on Facebook. Invite your friends to like our page as well.**
- 2. Talk to your friends and family to raise awareness about this issue.**
- 3. Help us with making connections that will make a difference to our cause.**



Option 5: Events and Miscellaneous

Every Year we have one or two fundraisers which are events designed to generate funds for our children.

Many times we also have seasonal based drives like raincoats drives, midday meals etc.

Help us out by volunteering your time for smooth functioning of our fundraising events and promoting our cause.



Contact

- Let us know the Volunteering Opportunity that you would be interested in for more details.
- Get regular updates on email
- **Contact: Jyoti Chadha | jyoti.cuddlesfoundation@gmail.com**

